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Dear Parents of Student Athletes,

We hope this letter finds your school year going well. We are writing to inform you of the Flower Mound High School annual pre-participation athletic physicals, which will be held **Saturday, May 30th, 2009** in the FMHS gymnasium. **LISD Policy requires an annual UIL pre-participation physical examination prior to participation in UIL athletics for all students entering grades 7th-12th.**

We have an outstanding sports medicine team that will administer and perform all facets of the pre-participation physical examination. Our Medical Director, Dr. James Heerwagen, MD will lead this event. The cost of each physical examination will be \$20.00. All checks will be made payable to the **FMHS Football Booster Club**, but will benefit the Athletic Training/Sports Medicine program at FMHS. The day will begin at 8:00am and the doors will close at 1:30pm. Please see the schedule for your specific time. If you have more than one child that is required to get an UIL pre-participation physical examination, you may bring at the same time.

Enclosed you will find a UIL pre-participation physical examination form. Please fill out the medical history portion of the form prior to Saturday the 30th. Remember a parent signature is required at the bottom of the physical form. We must have a completed and signed physical on file before your student athlete will be allowed to participate in any UIL sponsored practice or event.

If you cannot attend the pre-participation examination date provided, you must obtain a physical examination on your own and it must be on the approved UIL physical form.

PHYSICAL SCHEDULE: Saturday, May 30th, 2009

Flower Mound Main Gym **This includes grades (7th-12th)**

8:00am - 9th Football/JV Football
8:45am - Varsity Football
9:15am - Boys Basketball/Baseball
9:45am - Wrestling/Boys Soccer
10:15am - Tennis/Track & CC Team
10:30am - Golf/Swim & Dive Team
10:45am - Girls Soccer/Softball

11:15pm - Volleyball & Girls Basketball
12:00pm - Shadow Ridge MS Boys & Girls
12:30pm - McKamy MS Boys & Girls
1:00pm - Forestwood MS Boys & Girls
1:30pm - Doors Close

Things to Remember:

- No longer held in field house, Go to Main Gym West Entrance
 - Arrive at Scheduled Time
 - Complete Medical History Before Arriving
 - Bring Contacts or Glasses for Vision Exam
 - Make checks Payable to FMHS Football Booster Club
 - Cost \$20.00
- Do Not Consume any Caffeinated Beverages Before your Physical